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Study of the relationship between childhood abuse and psychological trauma in adulthood

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**Abstract**

For better or worse, every adult's has spent his or her childhood. Most of the time, the quality of a person's childhood in terms of relationships, mental health and how they see the world affect adult life. Each parent has a responsibility to make sure that their children do the right thing by providing opportunities for their children and setting them up for success. While good parenting, stable environments, and positive exposure can help a child be happy and successful later in life, bad parenting, dangerous environments, and negative exposure can cause serious problems in adulthood. Slowly Have you ever wondered how childhood injuries affect adulthood?. "Developmental Trauma" or, in other words, "psychological trauma in the early stages of life" is a common phenomenon that, if left untreated, can lead to painful adulthood. In general, developmental trauma means experiencing difficult situations and unfortunate events in childhood. There are many children in pre-school years who face difficult experiences such as domestic violence or sexual harassment and endure these experiences for years to come. Children who are constantly neglected by their caregivers or grieve the death of loved ones will certainly be more vulnerable to mental health. In this article, we are going to introduce the complications of developmental trauma in adulthood and tell you about the effects of this complication on the formation of identity.

**.Keywords:** Abuse, public health, childhood, Developmental Trauma, harassment.