

Predicting of cognitive and emotionally test anxiety base on attachment styles dimensions in girl and boy university students

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Abstract

The aim of the present study was to investigate the relationship between student attachment styles and test anxiety of them .This study is a correlational study . For this purpose 200 college students(girl and boy) in payame--noor university who were studying in humane science (n=1400) in 2015-2016 academic year were chosen by cluster sampling. The students completed Hazan,& shaver attachment styles and Spielberger test anxiety questionnaire .validity and reliability of questionnaire has confirmed in previous study.The data was analyzed by using step by step regression analysis .The finding showed that all of the three attachment styles (secure, avoidant and Ambivalent) had a significant role in predicting worry and emotionally dimensions of test anxiety and secure attachment style could predict test anxiety negatively, but avoidant and Ambivalent could predict test anxiety positively . Also the result of t test showed that there was no significant difference between girls and boys student in test anxiety .

Key words: , secure attachment styles, avoidant attachment styles and Ambivalent attachment styles, test anxiety .