



## The Comparison of Coping Styles in Heart Patients and Healthy Individuals

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### ABSTRACT

The aim of the present study is to compare the coping styles in the heart patients and healthy individuals. In this study, it has been used a causal-comparative method, the case-control study which was retrospective cohort study. Therefore, 60 individuals have selected randomly (30 the heart patient, 30 healthy individual) from visitors to the Imam Khomeini hospital and clinic of specialized doctors in the year 2011 by using the available sampling method and coping styles and also coping styles' tests of Lazarus and Folekman (1984) were implemented on them. In this study, healthy individuals have reviewed and compared in terms of age and sex, which they matched in the same conditions with patients. The research's data has analyzed systematically by multivariate variance analysis statistical methods and regression analysis. The results of the data indicate that there is no significant relationship in patients with heart disease in terms of coping styles.

### Keyword:

heart disease, healthy individuals, coping styles

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